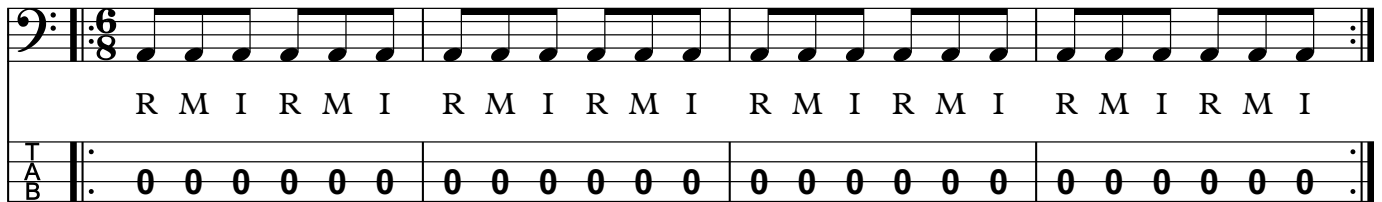


Three-Finger Technique For Bass (5 Levels)

BecomeABassist.com

Level 1 - Getting Comfortable Using The 3rd Finger

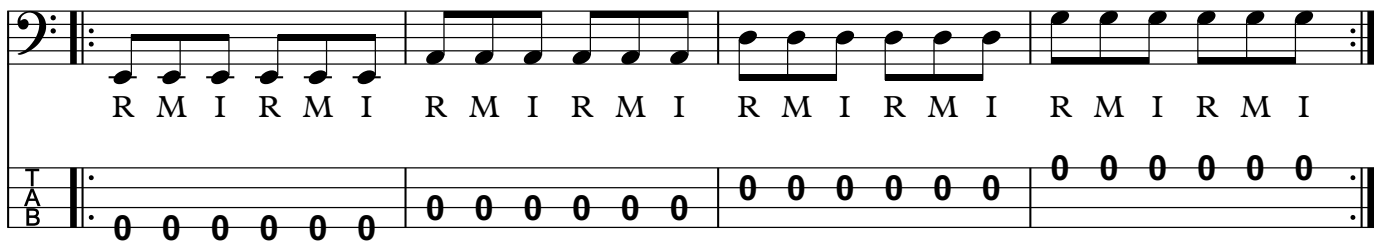


Level 1 - Getting Comfortable Using The 3rd Finger

Right Hand (RH): 6/8 time signature. Four measures of eighth notes: G2-A2-B2, C3-D3-E3, F3-G3-A3, B3-C4-D4. Fingering: R M I R M I R M I R M I.

Left Hand (LH): Four measures of whole notes: G1, C2, F2, B1. Fingering: 0 0 0 0 0 0 0 0 0 0 0 0.

Level 1 - Getting Comfortable Changing Strings

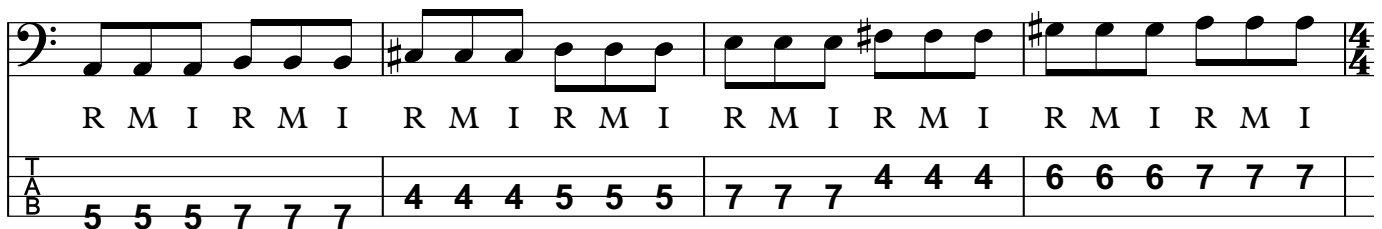


Level 1 - Getting Comfortable Changing Strings

Right Hand (RH): 6/8 time signature. Four measures of eighth notes: G2-A2-B2, C3-D3-E3, F3-G3-A3, B3-C4-D4. Fingering: R M I R M I R M I R M I.

Left Hand (LH): Four measures of whole notes: G1, C2, F2, B1. Fingering: 0 0 0 0 0 0 0 0 0 0 0 0.

Level 2 - Adding The Left Hand (3-Note Cell)

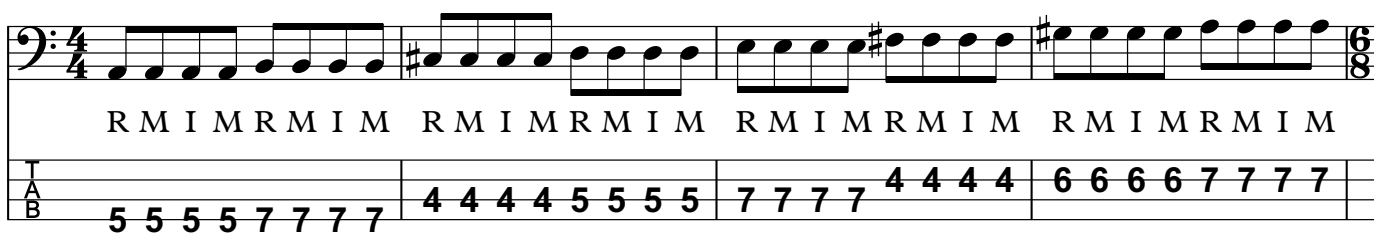


Level 2 - Adding The Left Hand (3-Note Cell)

Right Hand (RH): 4/4 time signature. Four measures of eighth notes: G2-A2-B2, C3-D3-E3, F3-G3-A3, B3-C4-D4. Fingering: R M I R M I R M I R M I.

Left Hand (LH): Four measures of eighth notes: G1, C2, F2, B1. Fingering: 5 5 5 7 7 7 4 4 4 5 5 5 7 7 7 4 4 4 6 6 6 7 7 7.

Level 2 - Adding The Left Hand (4-Note Cell)

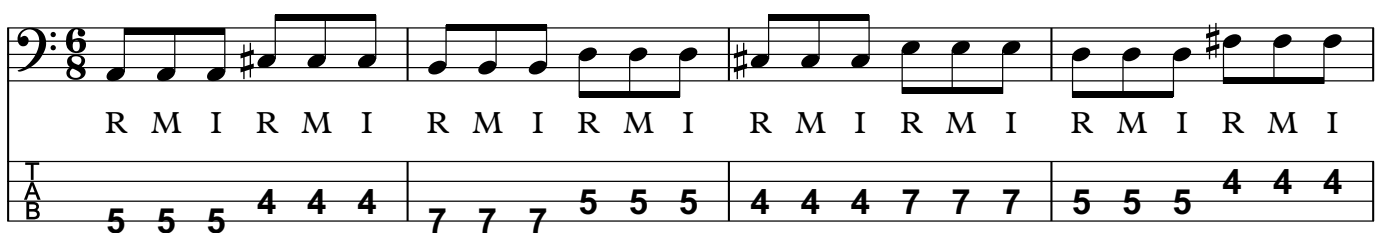


Level 2 - Adding The Left Hand (4-Note Cell)

Right Hand (RH): 4/4 time signature. Four measures of eighth notes: G2-A2-B2, C3-D3-E3, F3-G3-A3, B3-C4-D4. Fingering: R M I M R M I M R M I M R M I M.

Left Hand (LH): Four measures of eighth notes: G1, C2, F2, B1. Fingering: 5 5 5 5 7 7 7 7 4 4 4 4 5 5 5 5 7 7 7 7 4 4 4 4 6 6 6 6 7 7 7 7.

Level 2 - Other Scale Permutations



Level 2 - Other Scale Permutations

Right Hand (RH): 6/8 time signature. Four measures of eighth notes: G2-A2-B2, C3-D3-E3, F3-G3-A3, B3-C4-D4. Fingering: R M I R M I R M I R M I R M I R M I.

Left Hand (LH): Four measures of eighth notes: G1, C2, F2, B1. Fingering: 5 5 5 4 4 4 7 7 7 5 5 5 4 4 4 7 7 7 5 5 5 4 4 4.

R M I R M I R M I R M I R M I R

7 7 7 6 6 6 | 4 4 4 7 7 7 | 6 6 6 4 4 4 | 7

Level 3 - Accenting Groups Of 4 While Using 3 Fingers

R M I R M I R M I R M I R M I R M I R M I

> > > > > >

0 0 0 0 0 0 0 0 | 0 0 0 0 0 0 0 0 | 0 0 0 0 0 0 0 0

Level 3 - Accenting Groups Of 4 w/String Crossing

R M I R M I R M I R M I R M I R M I R M I R M I

> > > > > >

0 0 0 0 0 0 0 0 | 0 0 0 0 0 0 0 0 | 0 0 0 0 0 0 0 0 | 0 0 0 0 0 0 0 0

Level 4 - Scale Exercise (4-Note Cells w/3-Finger Technique)

R M I R M I R M I R M I R M I R M I R M I R M I

> > > > > >

5 5 5 5 7 7 7 7 | 4 4 4 4 5 5 5 5 | 7 7 7 7 4 4 4 4 | 6 6 6 6 7 7 7 7

I R M I R M I R M I R M I R M I R M I

> > > > > >

6 6 6 6 4 4 4 4 | 7 7 7 7 5 5 5 5 | 4 4 4 4 7 7 7 7 | 5

R M I R M I R M I R M I R M I R M I R M I R M I
 5 5 5 5 4 4 4 4 | 7 7 7 7 5 5 5 5 | 4 4 4 4 7 7 7 7 | 5 5 5 5 4 4 4 4

I R M I R M I R M I R M I R M I R M I R M I
 7 7 7 7 6 6 6 6 | 4 4 4 4 7 7 7 7 | 6 6 6 6 4 4 4 4 | 7

R M I R M I R M I R M I R M I R M I
 5 7 4 5 7 4 6 7 | 6 4 7 5 4 7 5

Level 5 - Making *Music With Technique*: Iron Maiden's *The Trooper*

R M I R M I R M I R M I R M I
 5 5 5 7 | 7 7 7 7 7 7 7 7 | 7 7 7 7 0 5 5 7

R M I R M I R M I R M I R M I
 7 7 7 7 7 7 7 7 | 7 7 7 7 0 5 5 3

R M I R M I R M I R M I R M I
 3 3 3 3 3 3 3 3 | 3 3 3 3 0 5 5 7

R M I R M I R M I R M I R M I
 7 7 7 7 7 7 7 7 | 7 7 7 7 0 5 5 7